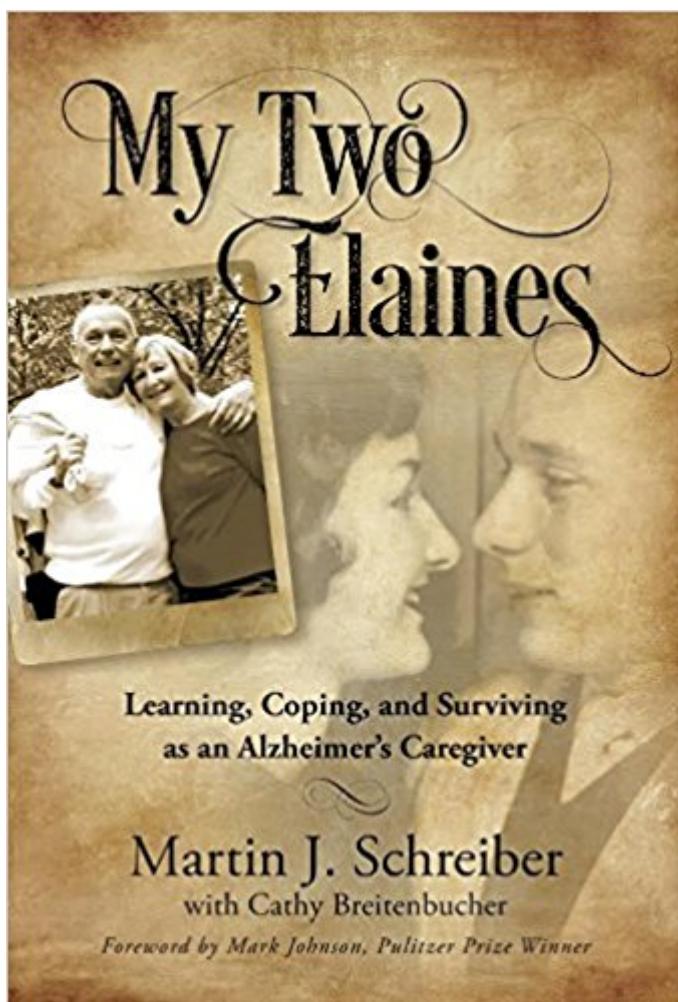


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# My Two Elaines: Learning, Coping, And Surviving As An Alzheimer's Caregiver



## **Synopsis**

Former governor of Wisconsin Marty Schreiber has seen his beloved wife, Elaine, gradually transform from the woman who had gracefully entertained in the Executive Residence to one who sometimes no longer recognizes him as her husband. In *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver*, Marty candidly counsels those taking on this caregiving role. More than an account of Marty's struggles in caring for his wife, *My Two Elaines* also offers sage advice that respects the one with Alzheimer's while maintaining the caregiver's health. As two-thirds of those with Alzheimer's are women, he offers special guidance for men thrust into an unexpected job. With patience, adaptability, and even a sense of humor, Marty shows how love continues for his Second Elaine.

## **Book Information**

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## **Customer Reviews**

My Two Elaines will touch the heart of every caregiver who has given his or her own to a loved one. Marty's story of selflessness and struggle will offer strength for many caregivers across our country who act as everyday heroes. --US Senator Tammy Baldwin What this book reminds us is that whatever our differences--our backgrounds, temperament, socioeconomic status, and, yes, even gender--the often difficult experience of caregiving can become a meaningful expression of our humanity and, as it is for Marty Schreiber, of his love for his two Elaines. --Piero G. Antuono, MD, Director, Dementia Research Center, Medical College of Wisconsin; Medical and Scientific Advisory Panel, Alzheimer's Disease International Marty Schreiber has written a book that will prove to be

invaluable to the Alzheimer's community. His personal experience (and wisdom gained) as a caregiver is shared in such an honest and impactful way that it should be mandatory reading for all individuals who step forward to serve in this capacity. In addition, this book will inspire all of us who are committed to the vision of the Alzheimer's Association: a world without Alzheimer's. --David Simbro, Senior Vice President, Northwestern Mutual; National Board Member, Alzheimer's Association

Martin J. Schreiber served as governor of Wisconsin after being elected three times to the state senate and twice as lieutenant governor. He has become the state's most visible spokesperson on behalf of Alzheimer's caregivers. Cathy Breitenbacher is an award-winning journalist and author.

I think this is a great book for someone who just found out a loved one is battling Alzheimer's, the family and close friends, and definitely the main caregiver. He has a lot of good points to help with the transition.

A brilliant, concise story of the ravages of Alzheimer's on patients and caregivers. Beyond how to and what not to into the conceptual understandings that have to precede what becomes the routine of disordered lives.

Good book to help those who have a family member with Alzheimer's.

Really Love it!

This is a beautifully written book. I recommend it highly for anyone caregiving a spouse, parent, etc. My father had Alzheimers and I can relate to what Martin wrote in this book and I used that knowledge I learned thru my experiences with my dad to help other people going thru it. Also worked with our awesome local Milwaukee Alzheimers organization . Thank you for writing this book.

Wonderful book....everyone should read this. Not only if personally involved with the disease but for knowledge of a world wide health problem.

Mr. Schreiber, thank you for writing this book. I'm in the financial services business and you sharing

your experiences helps me be better prepared for the time when my clients start to show signs of dementia. Thank you again. Patrick Bradley

As a caregiver for 9 years of my husband with Alzheimers, I have just about read every book there is about the disease. This is the first book I read that profoundly touched me and gave me courage and insight into my own struggles. I wish I had it sooner in my journey.

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